



NUTRITIONAL GUIDE

	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
BREWED COFFEE										
Cafe Au Lait (12oz)	80	4	2.5	0	10	55	6	0	6	5
Cafe Au Lait (16oz)	110	5	3	0	15	75	8	0	8	6
Drip of the Day (12oz)	0	0	0	0	0	5	0	0	0	0
Drip of the Day (16oz)	0	0	0	0	0	10	0	0	0	<1
Shot in the Dark (12oz)	10	0	0	0	0	10	2	0	0	1
Shot in the Dark (16oz)	15	0	0	0	0	15	2	0	0	1
Single Origin	5	0	0	0	0	0	<1	0	0	1
COLD BREW										
Cold Brew (16oz)	25	0.5	0	0	0	45	0	0	0	0
Cold Brew (20oz)	35	1	0	0	0	60	0	0	0	0
Luckyccino (16oz)	130	5	2.5	0	15	65	15	0	15	1
Luckyccino (20oz)	190	7	4	0	20	85	23	0	22	2
Goat Bomb (16oz)	30	0.5	0	0	0	50	0	0	0	0
Goat Bomb (20oz)	35	1	0	0	0	60	<1	0	0	0
Lucky Bomb (16oz)	130	5	2.5	0	15	65	16	0	15	1
Lucky Bomb (20oz)	190	7	4	0	20	85	24	0	22	2

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ESPRESSO										
Espresso	5	0	0	0	0	10	<1	0	0	0
Macchiato	25	1	0.5	0	<5	20	2	0	2	1
Cortado	45	2	1	0	5	35	4	0	3	2
Cappuccino	80	4	2.5	0	0	60	7	0	6	4
Latte (12oz hot/16oz iced)	190	10	6	0	30	140	16	0	15	10
Latte (16oz hot/20oz iced)	270	14	8	0	45	190	21	0	22	14
Americano	5	0	0	0	0	20	<1	0	0	0
NON-COFFEE										
Hot Chocolate	350	12	7	0	35	200	47	1	46	13
Kids Drink	250	8	4.5	0	25	105	35	0	35	8
Lemonade	180	0	0	0	0	10	44	0	2	0
SIGNATURE LATTE										
Brown Sugar Caramel Latte (12oz hot/16oz iced)	270	10	6	0	30	140	35	0	20	10
Brown Sugar Caramel Latte (16oz hot/20oz iced)	450	14	8	0	45	190	65	0	30	14
Honey Lavender Latte (12oz hot/16oz iced)	240	10	6	0	30	140	28	0	21	10
Honey Lavender Latte (16oz hot/20oz iced)	340	14	8	0	45	190	40	0	28	14
Strawberry Shortcake Latte (12oz hot/16oz iced)	260	10	6	0	30	190	33	0	15	10
Strawberry Shortcake Latte (16oz hot/20oz iced)	400	14	8	0	45	250	55	0	22	14
TEA										
Brewed Tea	0	0	0	0	0	5	0	0	0	0
Chai Latte (12oz hot/16oz iced)	200	6	3.5	0	20	80	9	0	30	6
Chai Latte (16oz hot/20oz iced)	270	8	4.5	0	25	105	12	0	40	8
Matcha Latte (12oz hot/16oz iced)	190	10	6	0	30	130	15	0	15	10
Matcha Latte (16oz hot/20oz iced)	260	14	8	0	45	180	21	0	22	13
Matcha Lemonade	180	0	0	0	0	10	44	0	2	0

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TAKE HOME										
Growler (64oz)	100	3	0	0	0	190	0	0	0	0
Cold Brew Gallon (128oz)	210	6	0	0	0	370	0	0	0	0
EXTRAS										
Brown Sugar Cold Foam	45	3	1.5	0	10	15	5	0	3	0
SEASONAL BEVERAGES										
Hibiscus Lemonade	220	0	0	0	0	10	53	0	42	0
Lavender Lemonade	210	0	0	0	0	10	53	0	42	0
Strawberry Lemonade	210	0	0	0	0	10	53	0	51	0

Important Notice Regarding Nutritional & Allergen Information

All nutrition information is based on average values for ingredients and is rounded in accordance with current U.S. Food and Drug Administration (FDA) regulations. 2,000 calories a day is used for general nutritional advice, but calorie needs vary.

Nutritional information is based on beverages made with whole milk. Choosing alternative milks or modifying ingredients will change nutritional values.

Nutrition and allergen information provided by Lucky Goat Coffee Company is based on standard product formulations and supplier data for the nine major FDA allergens; however, variations may occur due to regional differences, ingredient substitutions, seasonal conditions, and preparation at the store level. Some items may not be available in all locations, and this information may not include test products, limited-time offerings, custom orders, or regional menu variations.

Caffeine Notice

Certain beverages contain caffeine. Please consume in moderation. Not recommended for children, individuals sensitive to caffeine, pregnant or nursing women. The FDA recommends a maximum daily intake of 400 mg of caffeine for healthy adults.

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